

# 2011 FALL HEALTH AND WELLNESS, K-12 Licensure rev. 03/21/11

Total hours: 149

Major	GENERAL EDUCATION (66 or 72* hours)
<b>100-level activity courses are 1 semester credit each (6 hours required)</b>	CISC 100 Computer as a Tool (or validation)
I. Safety, First Aid, and CPR (1 required): PHED 115	CISC 216 Computer as a Classroom Support System
II. Physical Fitness (2 required): PHED 184, 185, 186 or 187	CMNS 330 The Hebrew and Christian Traditions
III. Sport Skills (1 required): PHED 173, 176, 178, 179, 180, 181, 182, 120, 122, 124, 125 or 126	CMNS 380 The Political Traditions of the West
III. Aquatics: (1 required) PHED 160, 161 or 165	ENGL 100 Introduction to College Writing*
V. Outdoor Leisure (1 required): PHED 190, 195 or 196	ENGL 110 Composition and Rhetoric
	ENGL 111 Composition, Research & Rhetoric
	HIST 101 or 102 The West and the World I <u>or</u> II
<b>Health and Wellness Theory Courses:</b>	HIST 201 or 102 U.S. History I <u>or</u> II
	MATH 099 Introductory Algebra*
ATEP 333 Nutrition for Health and Performance	MATH 100 Intermediate Algebra*
PHED 251 Human Anatomy	MATH 120s or higher (excluding MATH 137)
PHED 252 Human Physiology	MATH 140 Elementary Statistics
PHED 260 Methods for School Health Teachers (3 hrs.)	OREN 105 Tusculum Experience (1 hr.) <b>OR</b>
PHED 270 Adaptive Physical Education	OREN 106 Intro to Student Success (2 hrs.)
PHED 342 Community Health	PHED 201 Foundations of PE & Wellness
PHED 360 C/M--Elementary PE, Hlth & Wellness (3 hrs.)	PSYC 101 Essentials of Psychology
PHED 361 C/Methods—Secondary PE, Hlth & Wellness	PSYC 200 Developmental Psychology
PHED 370 Measurement & Evaluation in PE, Hlth & Well.	PSYC 305 Educational Psychology
PHED 374 Motor Development	SOCI 101 Principles & Social Institutions
PHED 380 Kinesiology	
PHED 390 Physiology of Exercise	<b>NATURAL SCIENCE:</b>
PHED 396 Organization, Administration and Supervision of P.E. Health and Wellness	PHED 252 Human Physiology (in the major)
	<b>CHOOSE ONE:</b>
	MUSC 101 Introduction to Western Music
<b>PROFESSIONAL EDUCATION</b>	THEA 104 Introduction to Theatre
◊ EDUC 200 History, Philosophy and Principles of Education	VISA 110 Basic Concepts of the Visual Arts
◆ EDUC 320 Classroom Discipline and Management	VISA 204 Ancient Through Renaissance Art
◆ HGLN 341 Learning Environments K-6	VISA 208 Baroque Through Modern Art
OR	
◆ EDUC 342 Learning Environments 7-12	
• EDUC 452 Student Teaching Seminar (4 hrs)	
• EDUC 457 Enhanced Student Teaching: K-12 (12 hrs)	
◊ SPED 101 Survey of the Regular and Special Populations Within the School Environment	
	<b>*Not required if ACT/SAT scores merit</b>

◊Introduction courses

◆Must be admitted into the Teacher Education program to take

•Student Teaching – final semester

H://checklist.mm